

Mother's Day

Her children rise up and call her blessed
Psalm 31:28

On this Mother's Day, as we celebrate the mothers in our lives, let's remember those women who may be facing a challenging pregnancy.

You can help them to be the mothers God meant for them to be.

- **Spiritually adopt** women facing unplanned pregnancies, and **pray** for an end to abortion.
 - If you know a pregnant woman who needs help, encourage her to call **1-888 LIFE-AID**.
 - Contact your local pregnancy center to **donate** needed items or to **volunteer**.
 - If you or someone you know is grieving the loss of a child to an abortion, contact **Rachel's Vineyard**, a post-abortion ministry for hope and healing, at www.rachelsvineyard.org.
- Get involved in the **pro-life movement** by joining a chapter of the Pennsylvania Pro-Life Federation. Learn more at www.paprolife.org or email lifelines@paprolife.org.

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